

DR. KUNAL KARN CHOUDHARY

FRCPsych, MRCPsych MBA, MBChB, BMSc

07870203825 • kunalkarn@googlemail.com • 16 Hertford Avenue, London. SW14 8EE United Kingdom

Summary

MEDICAL DIRECTOR | REMOTE VIRTUAL BEHAVIORAL HEALTH & INTEGRATED CARE

Visionary Medical Director and Consultant Psychiatrist with more than 20 years of clinical experience and over a decade of executive leadership in behavioral health, addiction psychiatry, acute psychiatry, rehabilitation, forensic services, and integrated mental health care. Dual-accredited in General Adult Psychiatry and Substance Misuse/Addiction Psychiatry with extensive experience leading multidisciplinary clinical teams across NHS and independent healthcare organizations.

Proven record of driving clinical excellence, quality improvement, digital healthcare transformation, clinical governance, physician leadership, and operational performance. Experienced leading virtual and integrated behavioral health programs, implementing technology-enabled care solutions, developing clinical strategy, improving patient outcomes, and ensuring regulatory compliance across complex behavioral health systems.

Skills

Executive Leadership

- Medical Leadership
- Clinical Governance
- Behavioral Health Strategy
- Integrated Care Delivery
- Physician Leadership
- Clinical Operations
- Healthcare Transformation
- Organizational Development
- Executive Decision-Making
- Strategic Planning

Behavioral Health

- General Adult Psychiatry
- Addiction Psychiatry
- Substance Use Disorders
- Acute Psychiatry
- Community Psychiatry
- Rehabilitation Psychiatry
- Complex Mental Health
- Forensic Psychiatry
- Crisis Intervention
- Behavioral Health Integration

Quality & Compliance

- Quality Improvement
- Clinical Risk Management
- Patient Safety
- Regulatory Compliance
- CQC Standards
- Serious Incident Investigations
- Root Cause Analysis
- Performance Improvement
- Clinical Outcome Measurement
- Clinical Audit

Virtual Care & Population Health

- Telepsychiatry
- Remote Behavioral Health
- Integrated Care Models
- Care Coordination
- Population Mental Health
- Value-Based Care
- Care Pathway Development
- Digital Health
- Remote Clinical Leadership
- Interdisciplinary Collaboration

Experience

03/2022 - Current

Med Dir & Cons Psych. Deputy Responsible Officer, **Active Care Group – Holybourne Hospital**, London, UK, United Kingdom

- Provide executive medical leadership for behavioral health services, overseeing clinical governance, quality, patient safety, and physician performance across multidisciplinary teams.
- Direct clinical strategy supporting integrated behavioral health, addiction services, rehabilitation, and complex psychiatric care.
- Lead organizational quality improvement initiatives resulting in sustained regulatory compliance and high-quality patient outcomes.
- Implement digital healthcare innovations including electronic prescribing systems and remote patient monitoring technologies to improve care delivery and operational efficiency.
- Standardize organizational KPIs, clinical outcome measures, and performance dashboards to strengthen accountability and continuous improvement.
- Partner with executive leadership, NHS commissioners, and external stakeholders to support service development, contract performance, and integrated care initiatives.
- Lead serious incident investigations, root cause analyses, complaints management, and clinical risk mitigation strategies.
- Supervise consultant psychiatrists, specialty doctors, and multidisciplinary clinical teams while fostering physician engagement and professional development.
- Direct undergraduate medical education, physician mentoring, and clinical leadership development programs.

08/2015 - Current

Independent Medicolegal Expert Witness, **Private Practice**

- Produce independent psychiatric assessments and expert reports across criminal, family, employment, clinical negligence, mental health tribunal, parole, coronial, and capacity proceedings.
- Deliver expert testimony while maintaining the highest standards of professional integrity and evidence-based psychiatric practice.

01/2019 - 12/2020

Consultant Psychiatrist | HD & CCR | Clinical Lead, **Cygnnet Hospitals**

- Managed complex psychiatric rehabilitation programs for adults with severe and enduring mental illness.
- Developed individualized treatment pathways emphasizing recovery, functional independence, and successful community reintegration.
- Led multidisciplinary care coordination while improving clinical quality and operational performance.

05/2017 - 01/2019

Cons Psych – Rehabilitation Services | Clinical Ld, **White Post Health Care Group**

- Directed psychiatric rehabilitation services across male rehabilitation and female admission units.
- Oversaw integrated behavioral health treatment, multidisciplinary collaboration, risk management, and patient recovery planning.

02/2016 - 04/2017

Cons Psych– Female Acute Services | Clinical Lead, **Barnet, Enfield And Haringey Mental Health NHS Trust**

- Provided consultant leadership for acute inpatient psychiatric services.

- Directed multidisciplinary teams delivering evidence-based psychiatric assessment, crisis stabilization, and discharge planning.

08/2015 - 01/2016

Cons Psych- MSFS | Clinical Lead, **South West London & St George's NHS Trust**

- Managed psychiatric services for complex forensic populations requiring secure care.
- Led multidisciplinary risk assessments, treatment planning, and forensic mental health management.

Education And Training

ILM Level 7 Coaching And Mentoring

- Currently ongoing training, due for completion in October 2026

Royal College Of Psychiatrists, Royal College Of Psychiatrists, London

- FRCPsych, awarded November 2024

Cardiff University, School Of Law

- Bond Solon Accredited Expert Witness, awarded January 2020

Plymouth University

- MBA with Merit, awarded November 2015
Greenwich School of Management,

Royal College Of Psychiatrists, , London

- MRCPsych, awarded January 2012

University Of Dundee

- MB/ChB, awarded July 2004

University Of Dundee

- BSc (Hons) Anatomical Sciences, awarded July 2002

PROFESSIONAL REGISTRATION

- GMC Specialist Register
- Approved Clinician (London Region)
- Dual Accreditation: General Adult Psychiatry
Substance Misuse & Addiction Psychiatry
- Medical Protection Society

CERTIFICATIONS & ADDITIONAL CREDENTIALS

- Bond Solon Accredited Expert Witness
- Approved Clinician Status
- FRCPsych
- MRCPsych

ACADEMIC & TEACHING EXPERIENCE

- Honorary Clinical Lecturer, Imperial College London
- Consultant & Specialty Doctor Supervision
- Undergraduate Medical Education Leadership
- Medical Student Academic Coordinator
- Problem-Based Learning Facilitator
- Anatomy Demonstrator, University of Dundee

LEADERSHIP HIGHLIGHTS

- Medical Director
- Deputy Responsible Officer
- Clinical Governance Executive
- Behavioral Health Service Development
- Digital Healthcare Transformation
- Electronic Prescribing Implementation
- Remote Patient Monitoring
- Integrated Behavioral Health Leadership
- Quality Improvement Leadership
- NHS Contract Management
- Executive Stakeholder Engagement
- Physician Leadership & Mentorship
- Clinical Risk Management
- Business Development
- Healthcare Operations
- Performance Management

Languages

English:	Native	Hindi:	C2
Native		Proficient (C2)	
Urdu:	C2		
Proficient (C2)			

PROFESSIONAL STRENGTHS

- Executive Medical Leadership
- Virtual Behavioral Health
- Integrated Care
- Population Mental Health
- Clinical Strategy
- Quality Improvement
- Physician Engagement
- Regulatory Compliance
- Digital Health
- Telepsychiatry
- Clinical Governance
- Multidisciplinary Leadership
- Organizational Change Management
- Healthcare Innovation
- Value-Based Care